

No. B. 13021/122/2020-DMR  
GOVERNMENT OF MIZORAM  
DISASTER MANAGEMENT & REHABILITATION DEPARTMENT

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*Dated Aizawl, the 23<sup>rd</sup> May, 2020*

To

All Deputy Commissioners & Chairman,  
District Disaster Management Authorities,  
Mizoram.

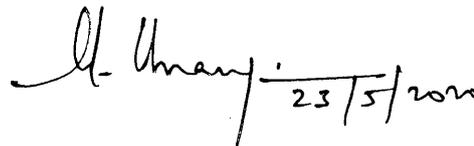
**Subj. : SOP for Screening Points.**

Sir,

I am directed to forward herewith a copy of SOP for Screening Points dt.12.05.2020 received from the Health and Family Welfare Department, Government of Mizoram for information, guidance and strict compliance.

*Enclo : As above.*

Yours faithfully,



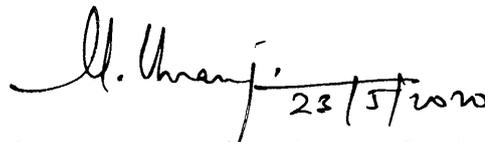
(Dr. MALSAWMTLUANGA FANCHUN)

Under Secretary to the Govt. of Mizoram

*S* Disaster Management & Rehabilitation Department

Copy to :

*Officer-in-Charge, State Control Room for information.*



Under Secretary to the Govt. of Mizoram

*S* Disaster Management & Rehabilitation Department

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HEALTH & FAMILY WELFARE DEPARTMENT  
12.05.2020

STANDARD OPERATING PROCEDURES (SOP)  
FOR  
SCREENING POINTS  
Version 1

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## SECTION 1 - GENERAL

### 1.1. Scope

This SOP defines procedures to be followed at all Covid-19 related screening points (international, inter-state or inter-district) in Mizoram. This SOP will be communicated to all personnel from H&FW Deptt., Home Deptt., DM&R Deptt., etc. and other relevant stakeholders such as Village level task forces (VLTF) and Local Level Task Forces (LLTF).

Procedures are to be followed for those entering Mizoram from outside the state. Those leaving the state will not be subjected to similar screening.

### 1.2. Background

Since the declaration of Covid-19 as a pandemic in January 2020, more than 35,00,000 people have been infected with the Sars-Cov-19 with some 2,47,000 dead. Due to early initiation of lockdown in India, the spread of the disease has been contained. As of 12<sup>th</sup> May, 2020, roughly 70,756 people in India have been diagnosed with Covid-19 out of which 2293 have died.

Coronaviruses are a large family of viruses that cause illnesses ranging from common cold to more severe diseases. Common signs of infection include respiratory symptoms, fever, cough, shortness of breath, and breathing difficulties. While majority recover after having only mild symptoms, some go on to develop pneumonia, severe acute respiratory syndrome, kidney failure, and even death.

Spread from asymptomatic carriers has posed a real threat to containment of the disease on top of the high infectivity of the virus, it is universally assumed that cases of Covid-19 will increase with affected regions.

### 1.3. Coronavirus symptoms

A person that presents the following symptoms may have Covid-19:

- Fever (38C or higher) and/or one of the following symptoms:
- Persistent dry cough
- Dizziness/vertigo
- Difficulty breathing or shortness of breath
- Muscle pain, Diarrhoea and vomiting
- Appears obviously unwell

#### 1.4. Transmission

Symptomatic people are likely to be most contagious. Asymptomatic carriers are also believed to be infective, although it is unlikely that this is the main mode of infection.

Droplets are the main mode of transmission. An infected person can transmit the virus to another person through respiratory droplets released through coughing/sneezing or talking.

Covid-19 can be spread by touching contaminated surfaces or objects, and then touching eyes, nose or mouth, and also from contact with contaminated surfaces or objects.

Studies suggest that Sar-Cov-19 may remain and survive for a few hours or up to several days on surfaces such as steel, wood, plastics, etc.

#### 1.5. Staff instructions

All personnel are responsible to review and follow the guidance in this document as applicable.

#### 1.6. General guidance and directives

- Avoid public transport and use private vehicle as far as possible
- Minimize contact with others and maintain social distancing of at least 6 feet at all times
- Practice universal health precautions at screening points which mandatorily include face masks and gloves.
- Arrangements for handwashing should be made. Wash your hands frequently for adequate time (at least 20 seconds).
- At least 70% alcohol-based hand sanitizers must be used at frequent intervals
- Avoid touching surfaces or objects
- When sneezing or coughing, cover your mouth and nose with bent elbow or tissue and immediately dispose of the tissue in appropriate place
- Self-monitor your health condition. In case of any suspicion, follow relevant guidelines.

## SECTION 2: OPERATIONS

### 2.1. Before reaching Screening point

- As instructed in Government order, No. B.13021/101/2020-DMR/Pt-III, Dated, Aizawl, the 2<sup>nd</sup> May, 2020, all passenger vehicles (private & commercial) must

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follow social distancing and should not be carrying more than 50% of carrying capacity. 11.1.2020

- Drivers and passengers of all kinds of vehicles must wear face masks.

Health personnel on duty must ensure that this is followed and report any violation.

## 2.2. At Screening point

Operational steps to be followed:

- Clean/disinfect the area before using them.
- Place posters with information relevant to Covid-19 in a visible area
- Keep distance of 6 feet from persons as far as possible
- Ensure availability of sufficient hand sanitizers, screening equipment include gloves, face masks, thermal scanners and screening sheet.
- Provisions must be made to ensure that there is a distance of at least 6 feet between persons to be screened, especially while queuing to be screened.
- Ensure that all persons to be screened are wearing face masks before, during and after screening.
- All persons entering screening points from outside Mizoram are to be screened for fever with thermal sensors.
- Screening with thermal sensors must be done in compliance with the specifications of the thermal sensor provided.
- If the temperature reading is high ( $38^{\circ}\text{C}$  or higher) and the person has no other Covid-19 symptoms, ask the passenger to move to a shaded area and wait. Retake temperature after 5 minutes. The person may be cleared if the temperature is less than  $38^{\circ}\text{C}$  in the absence of other symptoms. If the temperature is still above  $38^{\circ}\text{C}$ , separate the person for further management as per guidelines for isolation of suspected individuals.
- All persons entering Mizoram through designated screening points must fill up the prescribed screening form.
- Observe all persons for any visible Covid-19 symptoms include fever, coughing, sore throat, difficulty breathing or feeling unwell in the past 24 hours.
- Rapid Antibody Testing is not to be conducted at screening points. SOP for quarantine facilities may be referred to for further guidance.
- Information leaflet with pictorial depiction of Covid-19 symptoms must be handed to each person and if possible, made to read.
- As per Government order cited, all drivers and handymen entering the state may operate only to and from their designated unloading places. They must not stop at villages. They may stop along highways far from habitations.

- Any person requiring frequent travel outside Mizoram may be allowed to move/operate in and out of quarantine centres only. They may be allowed out of quarantine centres only after completion of mandatory 14 days quarantine. From screening point onwards, they must follow SOP for quarantine during Covid-19 or latest government orders.
- All persons transporting essential and non-essential items from outside the state must have installed mCOVID-19 mobile application on their mobile phones.
- Persons transporting essential items must submit declaration through mCOVID-19 mobile application
- Persons transporting non-essential items must have obtained mPass through mCOVID-19 mobile application
- Persons with special permission from Government of Mizoram to enter Mizoram from outside the state may be allowed to head to their respective districts after clearance from screening points.

### 2.3. Screening items and their uses

- Masks - screeners must always wash their hands before putting on and after removing face mask. A mask can be used only once but the screener can keep the same mask on until it becomes moist or damp inside. Avoid touching the mask.
- Gloves - always wash hands before putting on and after removing gloves. Change gloves anytime they are damaged or torn or if they become too moist. Gloves can get contaminated. Do not touch eyes, nose, mouth or mask while wearing gloves. Practice safe removal of gloves.
- Non-contact infrared thermometer:
  - In general, non-contact infrared thermometers are held 3 to 5 cms away from the person screened (specifications may vary. Please ensure that you read the specifications of the scanner provided). They typically measure temperature on the forehead or temple. Ask the passenger to remove any hair to expose his/her forehead for correct reading.
- Timely indents must be placed to ensure sufficient supply of screening items at screening sites. Breakdown of equipment must be reported immediately.

### 2.4. Data management

A prescribed form for screening is to be used for screening of patients. Entry into excel form may not be feasible at screening sites and may be done remotely. Concerned authority may arrange for personnel for the purpose.

Individuals are required to provide their consent for quarantine in prescribed format.

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Annexure 1: Screening Form

**TRAVELLER SCREENING FORM for COVID-19**

Date:

Name:

Age/Sex:

Address:

Vehicle Registration Number:

Phone no:

Travel history: From:

Destination:

Date of departure:

H/o contact with a confirmed/suspect case: Yes

No

Are you a health care worker? Yes

No

Symptoms:

a) Fever: Yes

No

b) Cough: Yes

No

c) Shortness of breath: Yes

No

d) Others: Yes

No

Duration (in days)

Advice: *(Tick against any of the following)*

- 1) Institutional quarantine for observation
- 2) Institutional quarantine for symptomatic management
- 3) Isolation at District Hospital/CHC/PHC
- 4) Referral to ZMC-SRH, Falkawn

Screened by

( )

Signature of Health Personnel with designation

Handwritten marks: a circled 'S' and a circled '4'.

Annexure 2: Consent for Quarantine

**QUARANTINE CONSENT**

Kei \_\_\_\_\_  
husband/wife/son/daughter of \_\_\_\_\_,”  
\_\_\_\_\_ veng/khua hi Covid-19 natna kai palh thei nia ngaih  
ka nih avangin sawrkarin inkhunghranna hmun (quarantine facility) a lo  
buatsaihah hian inkhung hrang tura tih ka ni tih Chiang takin min screen tu  
Doctor-in min hrilh fiah a, ka hrethiam a, ka remtihna ngeiin he hmunah hian dah  
luh ka ni e. Quarantine ka nih chhung hian inkaihhruaina tha takin ka zawm ang  
tih ka intiam tlat e.

Date:

Signature of quarantined  
person

Signature of  
1. Medical Personnel:  
2. Witness: